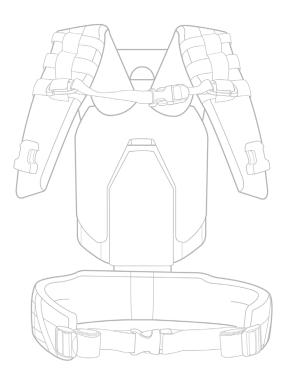
# Switchblade<sup>™</sup> Frameset Setup & Adjustments

Operator's Manual









Learn more about Switchblade System at www.catoma.com/gear-overview

PROTECTED BY ONE OR MORE PATENTS: US 8678258 B1, US 10231534 B1 D815981, D630011, D833749

# Switchblade<sup>™</sup> Frameset Setup & Adjustments

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# SIZING GUIDE - THREE STEP PROCESS

#### STEP 1: DETERMINE TORSO LENGTH

In order to begin fitment of your Switchblade Frameset, you'll need to measure your body in three areas: 1) neck, 2) torso and 3) waist.

Setting your pack to your correct torso length is crucial to getting the pack to fit properly. If it is set up too short, the Pack Belt will ride up your back and not effectively transfer weight to your hips; too long and the pack will pull back and not ride close to your body, creating sway and discomfort.

To determine your torso length, you'll measure the distance between your seventh cervical vertebra *(C7)* and the crest of your hipbones *(L5)* using a flexible tape measure. This length will determine where to attach the pivot point shoulder strap hardware on the framesheet.

**TO MEASURE:** While measuring, be sure to stand up straight with feet shoulders-width apart. The process may be easier with a helper, but can be done by yourself. Hold one end of the measuring tape by pressing it against the back of your neck at the most prominent bone at the base of your neck. Hold in place and proceed. Next, with the tape in your free hand, use your index finger to locate your lower measurement in the center of your lower back - this is typically near your waist line. Stop when your index finger resting on the crest of your hipbones and record the measurement your finger is on. On average, the human torso is between 17"-22" inches long.

# AVERAGE TORSO 17-22" Г7

TORSO

#### YOUR TORSO LENGTH:

Record this measurement you'll need it later for adjusting the frameset - if needed.

#### STEP 2: DETERMINE TORSO WIDTH

Your neck circumference will determine whether you need to attach the shoulder straps to the framesheet in the regular or wide position. Having the shoulder straps set up in the wrong position will cause unnecessary discomfort and fatigue.

**TO MEASURE:** Start with the end of the tape measure held to the center of your throat and measure your neck's circumference, with the tape passing just above the C7 vertebrae on the back of your neck as located in step 1. The regular width setting is for neck sizes 17" or smaller and wide is for 17.5" and larger.

## YOUR TORSO WIDTH:

□ REGULAR: < 17" □ WIDE: > 17"

#### STEP 3: MEASURE WAIST SIZE

Use the size chart at the bottom and go by your regular pant size waist measurement. If you don't know this, take a measurement with a flexible tape measure with the tape next to your skin, around your waist. Measure the circumference at your hip points. Or, you can simply try on a hip belt if you have access to both sizes of belts.

A properly sized hip belt will wrap over your hip bones, extend past your hip points, and still leave a gap in the padding at the front. *NOTE: Pack Belt is offered in two sizes, initial issue of the pack will be with a regular belt - for a large belt see supply or contact Catoma directly to purchase your own.* 

SIZE	WAIST SIZE
Regular	30" to 40"
Large	+ 40" Up
(Measured by circur	nference at hip crest)

#### STEP 4: DISASSEMBLE AND ADJUST Your frameset

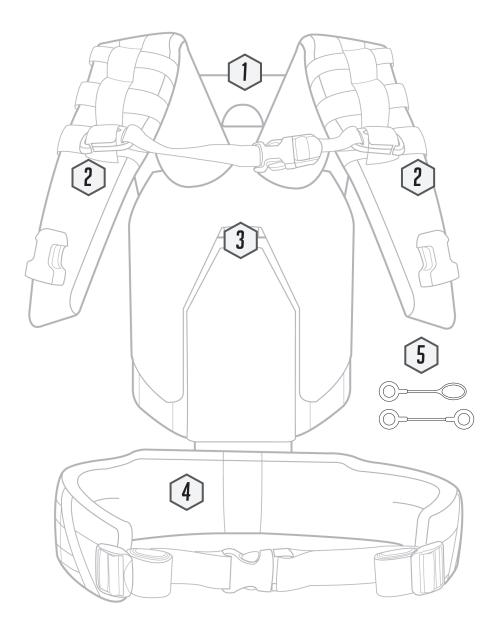
Once you've reviewed the diagrams and components on pages 6-9, turn to page 10 to begin disassembling your Frameset for adjustment.

#### NECK CIRCUMFERENCE REGULAR 17"// WIDE 17.5" AND UP

## WAIST CIRCUMFERENCE

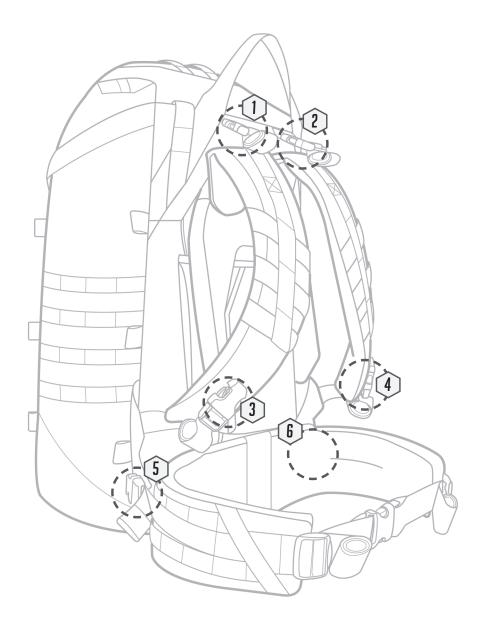
# MAIN COMPONENTS OF THE FRAMESET

The Switchblade<sup>™</sup> is a modular load carriage system. Each unit includes an identical frameset (shown below) consisting of the following: 1) framesheet, 2) set of shoulder straps, 3) adjustable framepad, 4) adjustable waist belt, and 5) washers and leashes. Thanks to this framset design, the user then has the capability to configure additional pack pieces to their needs.



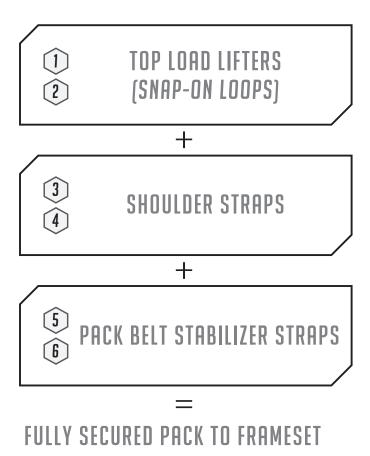


ATTACHMENT POINTS



\*Shown with the frameset secured to a Raid pack body. The attachment points are the same for the Assualt pack and the Molle Panel Frame.

## BE SURE TO CONNECT ALL 6 ATTACHMENT BUCKLES



# **OVERVIEW OF CUSTOM FITMENT**

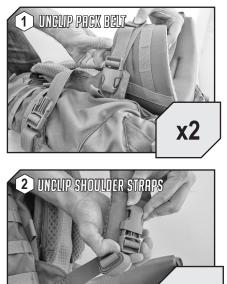
#### MAKING ADJUSTMENTS

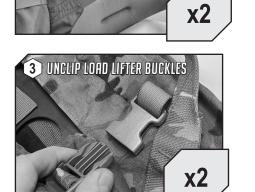
The following page will show you how to disassemble your frameset so you can make fine-tuned adjustments. Below are a few things you need to know before beginning the adjustment process. If your pack is configured properly and no adjustments are needed you are all set. See page 16 for wearing and removing the pack.



# FRAMESET REMOVAL

STEP-BY-STEP INSTRUCTIONS











**NOTE:** Removing and inserting the frameset is much easier when the pack is completely empty. To do any sizing adjustments or part replacements, you'll need to disconnect the frameset harness. When removing the frameset leave the shoulder straps and belt attached to the framesheet until it is removed to simplify the process.

**INSTALLING FRAMESET:** Reverse the steps above. Be sure to install the frameset with a weightless pack / panel.

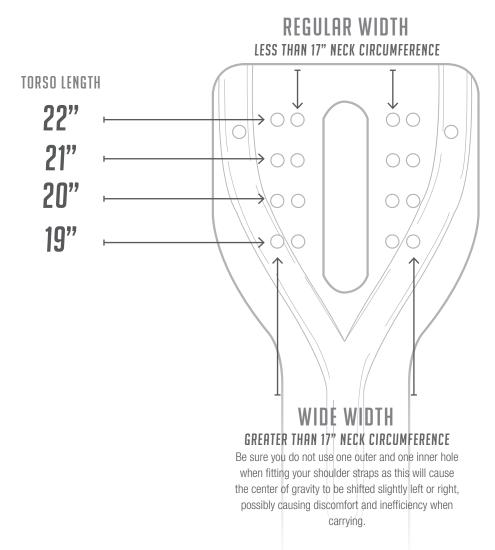
# SHOULDER STRAPS & FRAME PAD FITMENT

#### MAKING ADJUSTMENTS

The sizing component of the frameset is the framesheet, and it is designed with several fitment points for a fine-tuned fit for the end user, made possible by removing and relocating the shoulder straps and frame pad (see page 13). Each framesheet has torso adjustment settings spaced vertically in one inch increments and horizontally in two intervals (See illustration below).

#### ADJUSTING TORSO LENGTH AND WIDTH

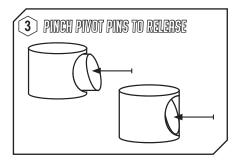
Refer to your size measurements that you recorded on pages 4. and 5. Find your measurements on the illustration below, then follow the steps on page 13 to remove and relocate your shoulder straps and frame pad to the holes that correspond with your measurements.



**NOTE:** To adjust the shoulder straps, you will need to disconnect the frameset from the pack, see page 8 for removal instructions. Be sure to complete sizing guide at the beginning of this manual before completing the following steps. Your measurements are crucial for proper fitment.









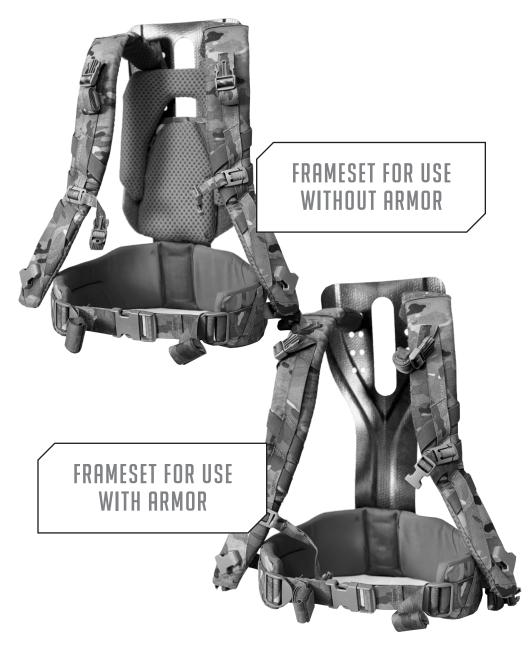


**NOTE:** The Frame Pad is Adjustable and made up of two pieces. The Frame Pad is secured together by hook and loop (velcro) you can adjust this if needed.

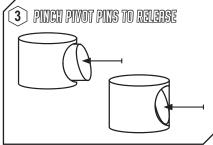
# BODY ARMOR COMPATIBILITY: FRAME PAD REMOVAL

#### FOR BETTER FITMENT WITH BODY ARMOR

Depending on your body type, you may find it beneficial to remove the frame pad from the frameset in order for the pack to sit more flush against your rear armor plates. It is necessary to remove the frameset from the pack (shown on page 8) in order to disassemble it and remove the frame pad.















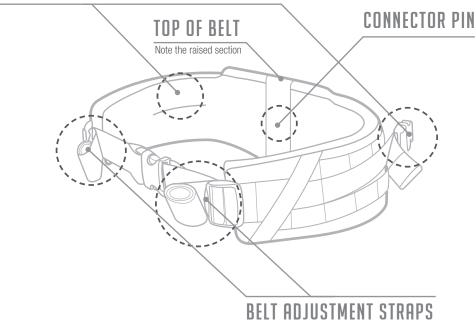


# PACK BELT FITMENT

#### MAKING ADJUSTMENTS

The Switchblade belt is adjustable from waist sizes 30"-40" by simply extending or tightening the adjustment straps at its front. However, if a larger belt is needed, the standard belt can be removed and replaced with our large belt.

#### PACK BELT STABILIZER STRAPS



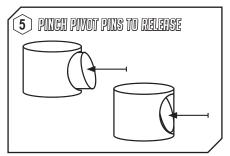
**NOTE:** It is not necessary to completely remove the framset from the pack to swap the pack belt. However, we highly recommend starting this process with an empty pack to make the swap much easier. When re-mounting the pack belt make sure it is right side up and the raised section is arcing upward (see illustration to left for reference).







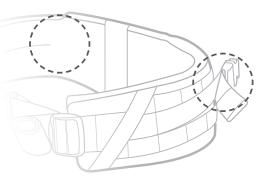




**NOTE:** Installation of the pack belt is reverse of the steps above. To be sure you have it installed in the correct orientation, mount it so that the pack belt is flat on the bottom and the raised portion is at the top. (See illustration on opposite page for reference)

#### PACK STABILIZER STRAPS

The pack stabilizer straps attach your pack or panel to the waist belt and prevent load sway. These straps also limit the amount of pivot your belt is allowed. When the stabilizer straps are tight, load sway is minimized, but movement is more restricted. When the pack stabilizer straps are loose, your waistbelt will offer more pivot and freedom of movement, but may allow your load to sway more. Use your judgment on how tight to set these straps when fine tuning your fitment.



## WEARING THE FRAMESET

#### **OTHER INFORMATION**

We've put together steps to highlight the importance of safely removing the pack. It's best to follow these guidelines so that they become a habit and can be performed in an emergency. Incorrect removal of the pack can result in severe injury or even death.

#### NORMAL PACK REMOVAL / NON-EMERGENCY

- » SLIGHTLY LOOSEN THE LOAD STABILIZER STRAPS.
- » SLIGHTLY LOOSEN HIP STABILIZER STRAPS.
- » UNCLIP STERNUM STRAP IF IN USE.
- » SLIGHTLY LOOSEN SHOULDER STRAPS.
- » UNCLIP PACK BELT.
- » WHILE KNEELING, REMOVE RIGHT OR LEFT ARM FROM UNDER SHOULDER STRAP AND SLIDE PACK AROUND TO YOUR FRONT AND ON TO THE OPPOSING KNEE.
- » GRAB HOLD OF THE HAUL LOOP LOCATED BETWEEN THE SHOULDER STRAPS TO LOWER THE PACK TO THE GROUND.

#### EMERGENCY USE TO QUICKLY SHED THE PACK FROM THE WEARER

- » UNCLIP STERNUM STRAP IF IN USE.
- » UNCLIP PACK BELT.
- » UNCLIP LOWER SHOULDER STRAP ATTACHMENT POINTS. BE SURE TO DO THIS ONLY AFTER YOU HAVE UNCLIPED THE STERNUM STRAP - OR SEVERE INJURY COULD RESULT.
- » GRAB HOLD OF THE HAUL LOOP LOCATED BETWEEN THE SHOULDER STRAPS TO DRAG THE PACK IF NEEDED.

# CARE & MAINTENANCE

#### **REPLACEMENT PARTS**

If something breaks and you need a replacement part contact us by phone at 800.826.0446 or online at www.catoma.com.

#### MAINTENANCE

The pack bag and framesheet do not require special maintenance. Try to keep the framesheet free of oils which may cause squeaking. DO NOT APPLY ARMORALL or any other oil-based solution to the framesheet. KEEP away from open flames. The pack's nylon fabric can get singed or melted.

#### FEEDBACK

If you have feedback using our gear and would like to buy it for yourself, visit www.catoma.com and be sure to take advantage of our military / law enforcement discount.

#### SWITCHBLADE LOAD CARRIAGE SYSTEM

The Switchblade is a truly modular load carriage system. Each user gets the same frameset, consisting of a carbon fiber framesheet (Patent #US 8,678,258 B1), shoulder straps, waistbelt, and frame pads. The fitment of a pack's frameset is critical to reducing fatigue, enabling the warfighter to carry more, and travel further. Once the frameset of the Switchblade is fitted to the user, additional pieces can be stacked and combined to increase the warfighter's carrying capability, or reduced and skeletonized to minimize weight and bulk as the mission demands.

# NOTES



Care & Maintenance of Your Gear

#### HAND WASH CARE

The Switchblade system can be spot cleaned effectively using a mild detergent solution applied with a small stiff bristle brush. After washing, rinse thoroughly with water, and hang dry. A water-repellent such as Nikwax or Scotchgaurd can be sprayed on according to the waterproofing manufacturer's instructions. Allow the water -repellent treatment to dry before using.

#### MACHINE WASH CARE

DO NOT WASH IN A TOP-LOADING MACHINE - The center agitator on a top-loading machine can cause damage to the packs straps and fabric especially during a spin cycle. Once the pack's frame has been removed, the pack can be machine washed in a heavy duty front-loading machine with a mild detergent . Stains can be pre-washed with a brush. After washing, hang dry. A water-repellent such as Nikwax or Scotchgaurd can be sprayed on according to the manufacturer's instructions. Allow the water-repellent treatment to dry before using.

Learn more about Switchblade System at www.catoma.com/gear-overview





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